

CLAIMS:

1. A unitary rope hitch comprising an elongate shank, having front, rear and side faces, a pair of hooks at one end of the shank and a closed eyelet at the other end of the shank, characterised in that the hooks extend from
5 opposite side faces of the shank and in that the hooks are co-planar with the eyelet.
2. A method of tensioning and securing a rope using a rope hitch as claimed in claim 1 comprising the steps of making a first pass of a free end of a rope through the eyelet of the hitch, wrapping the rope around the shank of
10 the hitch in a proximate position to the eyelet making a second pass of the rope through the eyelet so that the second pass of the rope overlies the first pass and tensioning the rope and securing the rope with respect to a remote tie down point.
3. A method of tensioning and securing a rope as claimed in claim 2
15 including the steps of returning the free end of the rope from the remote tie down point, making a first pass of the rope over one of the opposed hooks, returning the rope to the remote tie down point, making a second pass of the rope over a second of the opposed hooks, returning the rope to the remote tie down point and securing the rope at the tie down point.